

# Winter 2022 Dance Programs

## WIGGLE WORMS

This program is designed to encourage coordination and flexibility in our littlest dancers. Freedom of expression and creativity is encouraged through interactive & upbeat songs. Basic dance and tumbling skills will be introduced. Parents must actively participate with their child.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3600A	1-2	\$95R/\$100N	Sat	Jan 8-Feb 26	10:30a-11a
21-3-3600B	1-2	\$95R/\$100N	Mon	Jan 10-Feb 28	5:30p-6p

## LOVELY LEOS

This is an introductory class for you and your child to learn basic ballet using creative music and movement with the help of different props. Balance, coordination, and flexibility will be developed. Music changes every session. Parent actively participates with child. Costume included in fee for Dance Showcase. Child will keep costume after recital.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3407A	2-3	\$110R/\$120N	Sat	Jan 8-Feb 26	9:45a-10:15a
21-3-3407B	2-3	\$110R/\$120N	Mon	Jan 10-Feb 28	6:15p-6:45p

## PRE BALLET & TUMBLING

Basic skills will be taught in this class designed for the beginner. Correct terminology and positions will be used. Flexibility and coordination are only two of the benefits from participating in this ballet & tumbling class. Leotard, tights, and leather or canvas ballet shoes are required. All students receive a costume for the Showcase. Child will keep costume after recital.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3411A	3-5	\$110R/\$120N	Sat	Jan 8-Feb 26	10:30a-11:15a
21-3-3411B	3-5	\$110R/\$120N	Thurs	Jan 13-Mar 3	4:30p-5:15p

## PRE BALLET & TAP

Children will learn to express themselves through routines that combine traditional ballet and tap moves. Simple ballet movements and center work are included. Tap instruction focuses on basic steps and combinations. Tap shoes are needed for class and available for purchase at our Registration Desk. Costume is included in fee for Dance Showcase. Dancer will keep costume after Showcase.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3601	3-5	\$110R/\$120N	Mon	Jan 10-Feb 28	5:30p-6:15p

## LITTLE POPPERS

An exciting and high-movement class for your little hip hopper. Dancers will enjoy a high-energy environment while learning and exploring new movements. Class fee includes costume that will be used during our Dance Showcase. Child will keep costume after Dance Showcase.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3602A	3-5	\$110R/\$120N	Sat	Jan 8-Feb 26	12:30p-1:15p
21-3-3602B	3-5	\$110R/\$120N	Mon	Jan 10-Feb 28	4:30p-5:15p

## BALLET & TUMBLING

Beauty, grace, poise, flexibility, balance, and coordination are characteristics of ballet & tumbling. We will put it all together in this well-rounded and developmentally appropriate class for the beginner ballerina. Girls wear a leotard and ballet shoes. Boys wear a tee shirt, shorts, and black ballet shoes. The session focuses on learning dance techniques, routines, and group work to develop a teamwork atmosphere. All students receive a recital costume for Dance Showcase, and will keep costume after recital. Leotards and ballet shoes available to purchase at our front desk.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3408A	4-8	\$110R/\$120N	Sat	Jan 8-Feb 26	11:30a-12:15p
21-3-3408B	4-8	\$110R/\$120N	Thurs	Jan 13-Mar 3	4:30p-5:15p

## JUNIOR BALLET & TUMBLING

This class focuses on a continuation of learning dance techniques, routines, and group work that was developed during Ballet & Tumbling in a teamwork atmosphere. All students will receive a costume for Dance Showcase included in class fee, and will keep costume after recital. All students must wear ballet or jazz shoes which may be purchased at the front desk.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3444A	6-12	\$110R/\$120N	Sat	Jan 8-Feb 26	11:30p-12:15p
21-3-3444B	6-12	\$110R/\$120N	Thurs	Jan 13-Mar 3	4:30p-5:15p

## BEGINNER TAP & BALLET

Students will be taught the basic elements of tap and ballet. Flaps, shuffles, and basic ballet techniques are set to creative and fun combinations. The session focuses on learning dance techniques, routines, and group work to develop a teamwork atmosphere. Tap shoes are needed for this class and may be purchased at our front desk. All students receive a costume to wear at the Dance Showcase. Child will keep costume after recital.

**Facility** Kathy Green Multi-Purpose Center (Gym)

Program	Age	Fee	Day	Date	Time
21-3-3410A	5-8	\$110R/\$120N	Mon	Jan 10-Feb 28	5:30p-6:15p



# Winter 2022 Dance Programs

## JUNIOR TAP

Love Tap? This is the class just for you. Enhance your skill and technique in a tap only class. Tap shoes are needed and may be purchased at the front desk. All students receive a costume to perform in Dance Showcase. Child will keep costume after recital.

**Facility** Kathy Green Multi-Purpose Center (Gym)

<b>Program</b>	<b>Age</b>	<b>Fee</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>
21-3-3445	6-12	\$110R/\$120N	Mon	Jan 10-Feb 28	5:30p-6:15p

## HIP HOP & MORE

Beginner and advanced students will have fun learning and creating new dances in this innovative class, which emphasizes flexibility and balance using current music. Basic dance techniques of ballet, jazz, tap, and hip hop will be taught. The session focuses on learning dance techniques, routines and group work to develop a teamwork atmosphere. All students receive a recital costume for Dance Showcase. Child will keep costume after recital.

**Facility** Kathy Green Multi-Purpose Center (Gym)

<b>Program</b>	<b>Age</b>	<b>Fee</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>
21-3-3412	6-12	\$110R/\$120N	Mon	Jan 10-Feb 28	4:30p-5:15p

## BOYS HIP HOP

This class is just for boys! High energy and full of movement that will help improve concentration and strength from learning hip hop moves. Learn basic floorwork, footwork, and develop rhythm and confidence. Students receive a costume paid for in class fee for Dance Showcase. Child will keep costume after Dance Showcase.

**Facility** Kathy Green Multi-Purpose Center (Gym)

<b>Program</b>	<b>Age</b>	<b>Fee</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>
21-3-3604	6-10	\$110R/\$120N	Mon	Jan 10-Feb 28	4:30p-5:15p

## CHEER & DANCE POMS

This is a combo class for both Cheer and Dance Poms. You will learn motions and how to turn those motions into sidelines. You will be jumping and tumbling with some basic stunts. Technique is the name of the game and we will zone in on that as well. No previous experience needed. Participants will begin to learn cheer & pom basics, such as motions, chants, cheers, jumps, and basic tumbling skills. Program may be used as stepping stone for preparing the participant to move up to Synergy Competitive Cheer & Dance Pom Team. Each participant will receive a costume to wear for Dance Showcase paid for in class fee. Child will keep costume after Dance Showcase. Student must wear white gym shoes to class and for Dance Showcase.

**Facility** Kathy Green Multi-Purpose Center (West Gym)

<b>Program</b>	<b>Age</b>	<b>Fee</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>
21-3-3417A	4-10	\$110R/\$120N	Sat	Jan 8-Feb 26	12:30p-1:15p
21-3-3417B	4-10	\$110R/\$120N	Thurs	Jan 13-Mar 3	5:30p-6:15p

**WINTER SHOWCASE**  
**MARCH 5, 2022**

## One-stop Shopping!

Leotards, shoes and tights available for purchase at the Kathy Green Multi-Purpose Center front desk.