

Start Smart Parent/Tot Classes

New Parent/Child Movement Sports Classes Beginning in September!

Parent and child will work and play together as a variety of different sports will be offered. Each pair will receive one sports kit to use and keep after the class.



START SMART BASEBALL

(Parent/Child Age 3–8)

Start Smart Baseball is a developmentally appropriate introductory baseball program for children 3–8 years old. The program prepares children and their parents for organized tee ball, baseball and softball in a fun environment without the threat of competition or the fear of getting hurt. Age appropriate equipment from Franklin Sports® and Hasbro® is used in teaching throwing, catching, batting, running and agility. Each pair will receive one sports kit to use and keep after class. **20-4-3080B**

Sept. 14 – Oct. 19
Mondays, 5:00 – 5:45pm
\$100/\$110

Inwood Sports Complex
3000 West Jefferson Street, Joliet



START SMART FOOTBALL

(Parent/Child Age 4–8)

Start Smart Football teaches children ages 4–8 the basic motor skills necessary to play organized flag football while they work one-on-one while spending quality time with their parents. The program focuses on teaching children, and their parents, skills in throwing, catching, kicking/punting, and running/agility without the threat of competition or the fear of getting hurt. Held once a week for 6 weeks. Each week the exercises become increasingly more difficult as the class progresses and the children show improvement. Each pair will receive one sports kit to use and keep after class. **20-4-3082B**

Sept. 11 – Oct. 16
Fridays, 5:00–5:45pm
\$100/\$110

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START SMART BASKETBALL

(Parent/Child Age 4–8)

Start Smart Basketball teaches children ages 4–8 the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents skills in dribbling/ball handling, passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt. Held once a week for 6 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. Each pair will receive one sports kit to use and keep after class. **20-4-3084B**

Oct. 1 – Nov. 5
Thursdays, 5:00-5:45pm
\$100/\$110

MPC West Gym
3000 West Jefferson Street, Joliet



3000 West Jefferson Street, Joliet, Illinois
815-741-7275 jolietpark.org